

# Activity Inventory

Answer the following questions. For each, write two or three activities, hobbies, or pastimes that fit each prompt.

1. What do I do for fun?

2. The time passes quickly when I am. . .

3. People notice that I'm very good at. . .

4. I feel like I am on top of the world when I am. . .

5. If I had a free day to do anything, I would. . .



## "ME" Activities

Based on your answers above, jot down one activity in each area of the star which makes you feel most yourself.

